



INTERCONTINENTAL®
DUBLIN

SPA AND WELLNESS

ESPA

ESPA

MW = Midweek: Monday to Thursday

WK = Weekend:
Friday to Sunday & Bank Holiday

ESPA SKIN SOLUTIONS FACIALS

ESPA PERSONALISED FACIAL

55 mins, €110

ESPA LIFESTAGE FACIAL

55 mins, €120

AGE-DEFYER FACIAL

55 mins, €120

ESPA OPTIMAL PRO FACIAL

55 mins, €120

ESPA ADVANCED SKIN RADIANCE

85 mins, €145

AGE REBEL FACIAL FOR MEN

55 mins, €110

ESPA BODY TREATMENTS

BACK, FACE & SCALP TREATMENT

with or without hot stones

MW - 85mins, €135 / 115mins, €155

WE - 85mins, €155 / 115mins, €175

AROMATHERAPY MASSAGE

MW - 55mins, €110 / 85mins, €130

WE - 55mins, €120 / 85mins, €145

HOT STONE MASSAGE

MW - 55mins, €120 / 85mins, €140

WE - 55mins, €130 / 85mins, €150

SWEDISH MASSAGE

MW - 55mins, €100 / 85mins, €120

WE - 55mins, €115 / 85mins, €140

DEEP MUSCLE MASSAGE

MW - 55mins, €120 / 85mins, €140

WE - 55mins, €130 / 85mins, €150

BALINESE MASSAGE

MW - 55mins, €100 / 85mins, €120

WE - 55mins, €115 / 85mins, €140

REFLEXOLOGY

MW- 55mins, €100

WE- 55 mins, €115

ESPA MATERNITY

ESPA PRE & POST

NATAL TREATMENT

MW - 55mins, €100 / 85mins, €120

WE - 55mins, €115 / 85mins, €140

ESPA EXPRESS

Why not complement your treatment with a:

SHOULDER, NECK AND SCALP MASSAGE

25 mins, €60

BACK, NECK AND SHOULDER MASSAGE

25 mins, €60

SALT & OIL SCRUB

25 mins, €60

INVIGORATING FOOT MASSAGE

25 mins, €60

LIFT & FIRM EYE TREATMENT

25 mins, €60

PERSONALISED EXPRESS FACIAL

25 mins, €60

PRE & POST NATAL TREATMENT

25 mins, €60

SPA GUIDE

The Spa opening hours are Monday to Sunday from 7am to 7pm.

Kids Hours are from 9.30am to 12pm and 4pm to 7pm.

Spa Treatment hours are from 10am to 6pm.

SPA GUIDE

SCHEDULING AN APPOINTMENT

To schedule an appointment please contact our team on the direct line 01-665 4602 where we can confirm and secure your booking. If you have any further queries, please email us at thespa@icdublin.com

ARRIVAL TIME

We recommend all residents to arrive with robe and slippers at least 15mins before their appointment time. For non-resident guests, please arrive at least 30 minutes before your treatment starts. Please change into the robe and slippers provided and fill out the consultation form before the treatment.

HEALTH CONDITIONS

With any treatment we ask guests to fill out our consultation form. This consists of a health questionnaire regarding covid, allergies, surgeries, and any general medical conditions etc. These forms must be submitted to the therapist during consultation before the treatment begins.

PREGNANCY

Pre-natal treatments MUST be over 13 weeks pregnant or else we cannot provide the treatment.

AGE REQUIREMENTS

During the allocated Kids hours stated above, children under 16 years of age must be accompanied by an Adult at all times for the pool and Jacuzzi. Gym, Sauna & Steam rooms are strictly over the age of 16 years.

CHECK OUT

Guests must check out at The Spa Reception before leaving The Spa to ensure the treatment charge has been processed. There is no service charge on the treatment VAT is included & gratuities are at the guest's own discretion.

CANCELLATION POLICY

A 50% cancellation charge will be incurred for any treatments not cancelled within 24 hours prior to the appointment. Cancellation within 12 Hours incurs the full charge. 12 Hours incurred a 100% charge.

BEAUTY IS ABOUT ENHANCING
WHAT YOU HAVE.
LET YOURSELF SHINE THROUGH.

— JANELLE MONAE

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