

CRYSTALS



BREAKFAST MENU



Holiday Inn

AN IHG® HOTEL

CRYSTALS

BREAKFAST MENU



HOTEL FAVORITES

INNJOYABLE BREAKFAST* 12

Two eggs any style served with breakfast potatoes, choice of meat and toast. **870 CAL**

BISCUITS AND GRAVY* 12

Freshly baked biscuit topped with sausage gravy and served with two eggs cooked to order and choice of meat. **860 CAL**

TAILOR MADE 3 EGG OMELET* 12

Made with your choice of sausage, ham or bacon, Cheddar or Swiss cheese and, peppers, onions, tomatoes, mushrooms, spinach served with breakfast potatoes and toast. **640+ CAL**

START FRESH WRAP* 12

Egg whites scrambled with mushrooms, spinach, onions, and Provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. **820 CAL**

MALTED MINI WAFFLES 12

Crispy waffles served with berries, whipped cream and warm syrup. **1010 CAL**

BUILD YOUR PERFECT BREAKFAST* 12

Choose your eggs, meat and a side. Perfect! **560+ CAL**

SIDES

- FRUIT **100 CAL** **4**
- BACON* **160 CAL** **4**
- SAUSAGE* **360 CAL** **4**
- TOAST **120 CAL** **3**
- BREAKFAST POTATOES **4**
- 290 CAL**
- YOGURT **150 CAL** **4**
- ENGLISH MUFFIN **3**
- 190 CAL**

BEVERAGES

- COFFEE **0 CAL** **3**
- JUICE **110 CAL** **3**
- TEA **0 CAL** **3**
- MILK **80-150 CAL** **3**
- ASSORTED SOFT DRINKS **3**
- 0-160 CAL**

ROOM SERVICE - Dial Extension: 168

20% service charge and applicable sales tax will be added to the price of all items. Delivery charges \$2

**BREAKFAST SERVED
6:30 - 10:30 DAILY**

2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutrition information available upon request.

*Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. FOR PARTIES OF 5 OR MORE, 20% GRATUITY AND \$5 DELIVERY CHARGE WILL BE AUTOMATICALLY ADDED TO THE BILL